

**ADULT OPEN MEETING AND TRAINING MEDICAL DECLARATION FORM**

Open meeting attendance at Carsington Sailing Club in accordance with RYA training centre guidance **REQUIRES YOU PROVIDE US WITH ANY MEDICAL CONDITIONS THAT CAN HELP US DEAL WITH YOUR SAFETY**

Name .....

Age..... Date of birth .....

Address .....

..... Post Code .....

Contact No .....

Contact Email .....

Emergency Contact

Next of Kin ..... Relationship .....

Home No ..... Mobile .....

Doctor ..... Tel .....

Name of Course .....

Date of Course .....

It is your responsibility to make known any potential medical conditions that may affect you during the activities associated with the programme you will be taking part in. Please therefore provide as many details as possible. This information will be shared with the organisers and coaches at events and training.

Have you ever suffered from any of the following conditions:

- |                                   |     |    |
|-----------------------------------|-----|----|
| • Asthma/Bronchitis               | Yes | No |
| • Heart conditions                | Yes | No |
| • Fits, fainting or blackouts     | Yes | No |
| • Severe headaches                | Yes | No |
| • Diabetes                        | Yes | No |
| • Travel sickness                 | Yes | No |
| • Allergies to medication         | Yes | No |
| • Any other allergies             | Yes | No |
| • Other illnesses or disabilities | Yes | No |

If you have answered yes to any of the above, please provide details in the box

When did you last have a tetanus vaccination? Year .....

Are you currently taking any medication? If so please specify:

Are you suffering/recovering from any injuries which may affect your sailing/training?

**PLEASE BE AWARE THAT THIS IS A DUAL DECLARATION TO COVER BOTH THE TRAINING COURSE AND THE OPEN MEETING AND ALSO THAT THE BLAZE ASSOCIATION IS PROVIDING RYA QUALIFIED STAFF FOR TRAINING**

1. Carsington Sailing Club reserves the right, at all times, to cancel bookings at our discretion.
2. Neither Carsington Sailing Club nor any of its employees or agents shall be liable in any way whatsoever in respect of loss or damage or injury suffered by persons and/or their property arising out of, or during the course of their activities whilst training unless such injury, loss or damage was caused by or resulted from negligence or deliberate acts.
3. Carsington Sailing Club must be informed, at the time of booking, of any medical condition effecting the participant, or of any medication taken by the participant that could affect their taking part in the above course, e.g., asthma, epilepsy, heart conditions. Carsington Sailing Club reserve the right to refuse any booking on medical grounds.
4. All bookings are accepted on the understanding that any instructions or directions given by any member of the centre's staff are to be observed. Participants are asked to respect the equipment provided; compensation will be sought from anyone deliberately causing damage to equipment.
5. Carsington Sailing Club reserves the right at all times to refuse or restrict the use of facilities. The right is also reserved to evict anyone who refuses to comply with the conditions as stipulated, or who behaves inappropriately or, in any way, causes damage or annoyance to any other persons.
6. Participants are to wear suitable clothing and footwear when going on a boat. Suitable footwear means flat soft soled shoes or trainers. Please bring a change of clothing as watersports can be wet!
7. If any injuries are sustained or damage to valuables occurs, participants are to notify the centre's staff immediately.
8. It should be noted that minor injuries and immersion may occur as a result of sailing activities.

Declaration: I hereby acknowledge that I have read the above conditions of participation and that I fully understand them.

Signed: ..... Date .....

Print Name .....

Data Protection Act 1998

The above information including the questions as to your health and ability will be used by us to process your booking for the course and for attending to your safety whilst you are on one of our courses. Names and addresses of candidates for RYA courses may also be shared with the RYA.

If you object, please tick here .....